## Milan changed his mind to go abroad for jobs, HIMALICA

Milan Shrestha -37, is an inhabitant of Triyuga Municipality -8 Salghari Udayapur and is an active farmer of

Bargachhi Farmers Group supported by CEAPRED HIMALICA. He has 4 members in his family - his spouse, father and mother and is the sole earning member in the family.

As the only one earning in the family, he faced a major financial crisis that nearly compelled him to go abroad to work as a migrant laborer. But fortunately he came to know about HIMALICA project supported by CEAPRED in time; where he registered as a member of a farmer's group and participated in nursery management and other demonstration trainings provided to the farmers. Mr. Shrestha, then established vegetable nursery of crucifers (early season) in 4 katthas of land. The



nursery turned out to be very successful which motivated him to plant cauliflower and cabbage. The benefit he reaped from the cultivation was amazing as he earned Nrs, 95,000 from the sale.



Realizing the brilliant scope of vegetable cultivation, he has now planted Onion, Tomato, beans in 1.5 kattha where he earns Nrs. 35000 more. The earning he makes at present helps him look after his family. He says "he doesn't have to worry about making end meets anymore"

He now wants to become a successful commercial vegetable farmer and set his example to all the other struggling villagers who migrates to foreign land looking for job opportunities. Mr. Shrestha, now participates in all the trainings provided by HIMALICA. He has also given 2 kattha of land to

Farmers Field School (FFS) purpose.

Before the intervention of HIMALICA he didn't have any idea of producing vegetables using modern technologies. Now he has actively participated in formation of new market based Agriculture cooperative and also in cooperative training. And the village now has 2 local vegetable collectors, who collect and sell the vegetables of Bagaha cluster. Mr. Shrestha expressed his happiness saying he is very grateful for the technical support of HIMALICA project that has changed his life forever for better.

